



MENU

SALADS

Gorgonzola Walnut	\$15.95 half \$8
baby greens, tomatoes, gorgonzola, candied walnuts, citrus vinaigrette	
Caesar	\$14.95 half \$7.50
romaine, croutons, parmesan, creamy caesar dressing	
Warm Goat Cheese*	\$16.95
baby greens, tomatoes, red onion, breaded goat cheese patty, balsamic vinaigrette	
Jill's Big Salad	\$16.95 half \$9
arugula, romaine, cabbage, pepitas, pistachios, cheddar, snap peas & green onions, tomatoes, red onion, avocado, balsamic drizzle	
Cobb*	\$18.95
romaine, spicy bacon, turkey, egg, avocado, cheddar, red onion, tomatoes ranch or bleu cheese	
Chinese Chicken	\$ 17.95 half \$9
romaine, tomatoes, snap peas & green onions, sliced almonds, rice noodles, mandarin, sesame ginger vinaigrette	

*Not available as a side salad

FRESCO FAVORITES

choice of soup or salad

Turkey Burger	\$17.95
housemade turkey burger, special sauce, avocado, red onion, tomato, lettuce, choice of cheese	
Veggie Burger	\$13.95
housemade lentil & veggie burger, special sauce, lettuce, tomato, red onion, avocado, choice of cheese	
BBQ Chicken Hot Wrap	\$18.95
grilled chicken, anaheim pepper, tomato, cheddar, avocado, cabbage, BBQ sauce	
Seared Ahi Wrap	\$19.95
ahi tuna, lettuce, avocado, red onion, tomato, pepperoncini, balsamic vinaigrette	
Chicken Caesar Wrap	\$17.95
chicken, romaine, creamy caesar dressing, parmesan	
Caprese Sandwich	\$17.95
fresh sliced mozzarella, tomato, basil, sundried tomato pesto, olive oil and a balsamic drizzle	

ADD-ONS

Bacon \$4 | Fried Egg \$3 | Salmon \$9
Ahi Tuna \$9 | Scoop Chicken Salad \$7 |
Scoop Tuna Salad \$8 | Avocado \$3 |
Breaded Goat Cheese Patty \$5 | Grilled Chicken \$9

SANDWICHES choice of soup or salad

Bread: wheat, sourdough, bolillo, ciabatta, brioche bun, gluten free

Cheese: cheddar, smoked mozzarella, brie, gorgonzola, provolone, american

Turkey	\$17.95
roasted turkey, avocado, choice of cheese, lettuce, tomato, sundried tomato aioli	
BLT	\$17.95
smoked bacon, lettuce, tomato, mayo	
Tuna Salad	\$17.95
Wild Planet tuna, celery, onion, mayo, lettuce, tomato	
Chicken Salad	\$17.95
chicken, celery, onion, mayo, lettuce, tomato	
Club Sandwich	\$19.95
choice of chicken OR turkey, lettuce, tomato, mayo, bacon, avocado	
The Grinder (hot or cold)	\$18.95
salami, ham, mortadella, provolone, olives, pepperoncini, roasted red pepper, lettuce, tomatoes, red onion and Italian dressing	

GRILLED SANDWICHES choice of soup or salad

Chicken & Smoked Mozzarella	\$16.95
chicken, roasted red pepper, smoked mozzarella, grilled sourdough levain	
The Beach	\$18.95
chicken, cheddar, avocado, tomato, cabbage, chipotle aioli, grilled sourdough levain	
Grownup Grilled Cheese	\$16.95
brie, blue cheese, fig jam, grilled sourdough, sweet or hot honey drizzle	
Hot Mushroom Combo	\$17.95
shitake, portabello, crimini mushrooms, caramelized onion, brie cheese, dijon mustard, grilled sourdough levain	
Philly Cheesesteak	\$19.95
with sauteed peppers and onions your choice of cheese on a softroll	

COMBOS

Quiche of the Day + Soup or Side Salad	\$17.95
Twosome	\$14.95
Half sandwich + soup or side salad	
Threesome	\$19.95
Half sandwich + soup + side salad (wraps & burgers excluded)	
Soup & Side Salad	\$14.95
Soup + Bread & Butter	\$7.95

KIDS \$6.95

Grilled Cheese

Quesadilla

Turkey Sandwich

mayo, choice of cheese and bread